

There is nothing better than knowledge that can purify you.



Lead us from the unreal to the real | Lead us from darkness to light
Lead us from death to immortality
Shanti, Shanti, Shanti unto all.

A bird was chatting with a bull. "I would love to be able to get to the top of that tree, but I haven't got the energy."

"Well, why don't you chew on some of my droppings?" replied the bull. They're packed with nutrients."

The bird pecked at a lump of dung, and found it actually gave him enough strength to reach the lowest branch of the tree.

The next day, after eating some more dung, he reached the second branch.

Finally after a fourth night, the bird was proudly perched at the top of the tree. He was promptly spotted by a farmer, who shot him out of the tree.

The secret behind an effective learning initiative:

If crawly caterpillars can become butterflies and wriggly tadpoles become frogs, and barren fields yield their harvest after the rains, why are we immune to remarkable change?

Indeed, the secret to the transformation lies within, with a capacity for incessant learning to create value. To create value by living values is the secret of total transformation.

The life of an imago in its pupa is a life of conflicts, from which it must eventually emerge. Though, we are born to radiate transformation, often we remain trapped in our cocoons.

Our ability to align with values and put values into practice is the only way to resolve every conflict and lead a joyous and joy - giving life of rich and vibrant colours! Indeed, the life of a colourful butterfly.

Core value actualization

Leadership excellence

Align with organizational vision

Project leadership

Continuous value creation

Professional excellence

Family excellence

Entrepreneurial leadership

Learning organization

Organizational transformation

Socially responsible

Re-engineered organizational culture

Executive excellence



Healthy self-image | Healthy attitudes | Healthy relationships | Emotional maturity

SELF - GROWTH

LEARNING
COACHING | MENTORING

VALUES

*The mentor doesn't count the fruits on the tree.
He nurtures the quality of the seed.*

Learning to know - Knowing to grow!

Cow dung can take you to the top.
However, it cannot make you stay THERE and grow.



*We are THOSE FEW who say we create value and
WHO can demonstrate it with quantifiable metrics.*

Coaching and Mentoring

Growing in life would be an easy process if each of us had a life to our liking. Coach and Mentors are a special kind of people; they nurture lives with their magical craft, making wonders out of ordinary people. They leave a visible mark: a signature in our lives. Coaching and Mentoring is about touching and transforming lives with values.

Coaching and Mentoring: Touching lives with values, is the process by which a coach or mentor assists a person or an organization to attain their respective potential. It includes, Developing trust, Listening without judgement, Discovering alternatives, Offering feedback, Communicating with probing questions, Initiating discussions, Learning, Clarifying, Assimilating, and Living Values.

The whole process is designed to make people understand their actions and reactions in a given situation and empower them to make necessary corrections. It makes people understand the reflections of their choices. It is a carefully-crafted art of dealing with human choices and making people recognize, appreciate and accept the required change to a choice. Coaching and Mentoring is a beautiful process of learning to create value by accepting change and making change happen effortlessly. It is a process of learning to lead a life of least disturbance.

Aashirvaad
learning to learn values...

Coaching and Mentoring



Anugraha is an environment where the art of coaching and mentoring blends with the science of values to offer an opportunity that brings out the real in everyone.

It is an environment where the imagination takes wings and moves beyond boundaries; where every thought is transformed to the right thought and then taken to value creation. With us you discover your freedom in learning and go beyond every definition.

Our role as your coach and mentor is to challenge with possibilities and take you outside your comfort zone into the realms of uncertainty. In experiencing these situations you learn more about yourselves and grow as a true individual.

We as a coach and mentor will constantly monitor the progress of the vision and accelerate the whole process. If the journey has become too difficult, we will ease the whole process, until the time is right to begin once again. We come with a clear and inspiring vision for the whole process of value creation.



Who you are when you come to the coaching and mentoring relationship -wonderful and amazing-but not able to fly, and there's so much more to you and for you...

The Coaching and Mentoring Relationship: A safe place where you learn more about who you are, where you find your way to be, and where you gain strength to break out of what holds you back from being free to be YOU!! You are taken through a painful yet a definite initiative of transformation, which brings in necessary corrections to choices you make.

It will shake and re-design the core of you, and ensures a transformed self, family, professional and social experiences. You as a mentee can visualise, experience and measure your inner transformation. The whole process of "Aashirvaad" will realign your value system.

While you are a mentee, you emerge FREE to be your magnificent and exceptional YOU and ready to FLY!! You discover your own solutions so that you are more committed to the choice rather than to the outcome. "Aashirvaad" would help you to discover right solutions, make and implement better choices and thus GROW.

Learning method: **Aashirvaad** is a comprehensive effort to create value. During the learning process interactive activities such as arts, clay, music, stories, dance, visualisation, self-enquiry and so on are used as effective value clarification instruments.

01. Multiple interactive sessions of 90 minutes each.
02. Multiple interactive sessions of 04 hours each.
03. One-on-one coaching and mentoring with effective workbooks, tools and instruments.
04. Experiential and activity based outbound learning initiatives where participants will experiment with oneself.



Aashirvaad is an opportunity for you to come together and learn things that can put you in a different orbit. When mentoring in values happened for different applications, following values are created.

	Self-growth:		Organisational transformation:		Family-growth:	
	Changes in	After 12 months	Changes in	After 12 months	Changes in	After 12 months
Self-growth		78% - 82%	Self-growth	42% - 45%	Self-growth	48% - 53%
Family-growth		48% - 54%	Family-growth	27% - 30%	Family-growth	68% - 71%
Organisational growth		39% - 42%	Organisational growth	62% - 66%	Organisational growth	33% - 36%
Social awareness		27% - 29%	Social awareness	22% - 24%	Social awareness	21% - 24%



Purpose of Aashirvaad

Application of Anugraha Coaching and Mentoring

My Mentor

For Self-growth, Family growth, Professional growth and Social growth.

Pratham

For Employability enhancement, Budding entrepreneurs, Start-ups, Students and First time employees.

Excellence in Executive Education

Value learning projects for Aspiring Managers, Executives, Team leaders and Potential performers.

Lessons in Leadership

Value based leadership lessons for New Managers, Middle level managers and Senior managers.

Insight

Leading at a higher level projects for Senior executives, Board directors, Business owners and CEO's.

Signature

Personal branding and Image building

First Impression

Values in Social Skills

Project leadership

Lessons in project leadership

Entrepreneurial leadership

Lessons in entrepreneur leadership

Kautilya

Lessons in ethical governance

Excellence way

Values @ workplace

MANAGEMENTOR

Lessons in functional management, Customer experience management, SCM, Product and service realisation, Quality management, HR activities and so on.

Drishti

Vision, Purpose and Value clarification

Sreyas

Total self-growth and transformation

Madhuvarshini

Family values

Shrusti

Values in pregnancy

Punarnava

Values in parenting

Indradhanush

Values while growing (For children upto 21 years)

Sapthapadi

Values in married life

Uthsav

Values to grow gracefully

